

# Dignity In Core THE CROWNING VALUE OF HUMAN RIGHTS





## Dearest members of SESOBEL's family,

Yet another difficult year has passed by, with its share of uncertainties, anxieties, challenges and bitterness.

I would not like to dwell on all the difficulties we encountered as we went along, but rather list the elements which, like rays of light through the growing darkness, have illuminated our path this year and have enabled us to survive and overcome obstacles and insecurity,

#### and I list:

- The development of the action plan that has manifested itself through the various innovations and new approaches implemented to better serve our children and youth (In this matter, I invite you to read the following report).
- The courage, tenacity, versatility, and unparalleled commitment of the members of SESOBEL's team, who chose to stay in Lebanon and at SESOBEL, and who succeeded in filling the void of the resignation of 48 therapists, educators and educational assistants who left over 2 years.
- The commendable efforts of the parents of our children and youth, who brought their children to the center themselves despite the high cost of fuel. Seeing moms and dads waiting for their children at the center to take them home after finishing classes and therapy was impressive.
- The generosity and the kindness of our friends in Lebanon or abroad, collaborators, godfathers and godmothers, our experts, advisers, volunteers, the board of directors, the board of trustees, the general assembly, the ethics committee, the support committees who have spared no effort to remain by our side.
- The impact of friendly companies, collaborates who have offered in kind aid, specialized services and equipment or food, free medicines for the sole purpose of supporting the families of our children and the mission of SESOBEL.
- The presence of SESOBEL children in the hearts of our friends around the world in France, Australia, Canada, the United States, Switzerland, the Arab Emirates and Lebanon.

- The success of the "Chain Of Hope" campaign we launched this year which made it possible to cover the deficit of 3 of our action programs.
- The sales (on a small scale) of products from our workshops in France, the Emirates, Kuwait, and soon in the United States.
- The support of friends and partners who spared no effort in the sharing of knowledge in order to better serve our children and youth through training, and invitations to congresses and seminars, whether online or face-to-face.

However, from where do these rays of light find their source?

IS IT NOT TRUE THAT IN THE MIDDLE OF HOSTILITY AND UNCERTAINTY, WE CONSTANTLY FEEL SUPPORTED, AND CONFIDENT?

We have granted SIT EL BEIT, our source of light, a privileged place in our hearts and in our minds. We have oriented our talents and our resources towards Her *Will*. We have put them at Her *Service* and, in return, she has strengthened us and revived our hope.

I therefore pay Her a great tribute.

To Her Hope and to Her Love!





## WHY DIGNITY IN CARE?

It is the ultimate foundation for human rights.
All humans are entitled to be treated with respect;
as ends rather than means; to be recognized as of equal
worth, and to be permitted to fulfill their inherent potential.

"ONew strategic vision that emphasis on culture, values and purpose of care!"

#### **OUR CONCERN IS TO:**

- Welcome the child with disability as "royalty".
- Accompany him and his family with proper respect.
- Take care of his well-being as well as his family's.
- Provide him with adequate services.
- Encourage his active participation in his life project as a main actor.
- Adapt to the context of the country in order to support him and his family as main partners, and by ensuring the needed information and participation of each member of the family in the welfare of the child.
- Mobilize public and private entities in order to lobby for the rights of people with disability, to apply, and even update the laws.
- Find resources to ensure the best quality of care for the child and his family.
- Ensure new approaches and innovations at the service of the child.
- Evaluate on regular basis our course of action.
- Recruit and train the human resources.
- Work with his family to restore family harmony, a harmony that risks being disturbed by the disability.
- Continue the mission of SESOBEL, ITS EVOLUTION AND ITS PERENNITY.
- Promote the cause of the child with disability as a human being, son of God and our brother.
- Help him to plead his own cause by providing him with the necessary means and trainings.

SESOBEL will always rely on the Providence and on SET El BEIT, our Heavenly Mother.

## **OUR MISSION**

SESOBEL takes all possible steps to implement a coherent and monitored service of assisting children with disability and to accompany their families as partners in facing life's challenges. SESOBEL works equally hard with all elements of society for them to recognize the value, dignity, and respect for children with disability.







For "shared blueprint for peace and prosperity for the people and the planet, now and into the future", we follow 2 of the 17 interlinked Sustainable Development Goals by the United Nations.

~ International call for action ~

# "The heart of care"



## OUR BENEFICIARIES

# "Putting you at the heart of our care"

392
MOTOR
DISABILITY

321
INTELLECTUAL DISABILITY

97 AUTISM SPECTRUM DISORDER

602
OTHER
(Learning Difficulities, Non-Criteria)

1,412

#### CHILDREN & YOUTH WITH DISABILITY

from 1,318 families, have been covered by the various SESOBEL programs:

- \* FAMILY RECEPTION SERVICE
- \* SOCIAL SERVICE
- \* EDUCATIONAL PROGRAM
- \* SCHOOL INCLUSION PROGRAM
- \* MEDICAL AND REHABILITATION PROGRAM
- \* ADULT PROGRAMS:
  - VOCATIONAL AND REHABILITATION PROGRAM VRP
  - CENTER FOR SOCIALIZATION AND SUPPORT CSS
- \* CONTINUOUS TRAINING CENTER FOR RESEARCH & DEVELOPMENT
- \* OUTPATIENT SERVICES



# FAMILY RECEPTION SERVICE

"Dignity and respect
at the heart of care"





DIAGNOSIS
CONSULTATIONS
ASSESSMENTS
MEDICAL CARE
REHABILITATION CARE



# SOCIAL SERVICE

Family is the main partner in the child's journey. For a better family life and for the child's well-being, SESOBEL's social intervention takes a holistic approach and aims to develop parenting skills, strengthen family autonomy, and raise awareness within the community.

"Dignity... for everyone, everyday"

155

**FAMILIES** 

41

FAMILY GUIDANCE

155

SOCIAL ACCOMPANIMENT

49

**SIBLINGS** 

We mobilize the siblings to defend the cause, act as an agent of change in the society, acknowledge their role, and live in harmony.



# "SESOBEL is a place where all humans are equal no matter how different they are"

#### PARENT TESTIMONY

The whole trip started with a disability. For some people, the person having a disability is called "handicapped". As we know, people with disabilities require more attention, healthcare and special education which are, unfortunately, not supported in our country. Among the rare schools that take care of special needs was SESOBEL.

We visited SESOBEL with our son Elio back in 2016. As time went by, we found that SESOBEL is not only a regular school for special needs, it's a second home for our children. It's a place where all humans are equal no matter how different they are.

This blessed home soon became a family who cares about every member. Afterwards, the relationship with SESOBEL transformed to a partnership, and the partnership to a life project that is long and hard but full of love and giving. The love that provides you with hope to keep going and the light to see God's grace in everything you have.

In brief, SESOBEL taught us that disability is a grace and not a curse. It's a gift from above and a life path that leads to the joy of resurrection.



## EDUCATIONAL PROGRAM

The core of our mission is to accompany each child in his difference and his particularity. Whatever the disability, we believe that every child is important and has value - a message of love to share.

The educational programs welcome children and youth with disability aged 18 months to 20 years. Five units regroup them according to their age and needs.

MOTOR DISABILITY

24 EARLY STIMULATION

48 INTELLECTUAL DISABILITY

POLYHANDICAP & SEVERE INTELLECTUAL DISABILITY

30 AUTISM SPECTRUM DISORDER

"Dignity at the heart

of everything we do"

# SCHOOL INCLUSION

The School Inclusion Program, pioneer program in Lebanon since 2006 in collaboration with the Ministry of Education and Higher Education MEHE, welcomed 21 CHILDREN WITH DISABILITY at the Jezzine Public School in southern Lebanon:





# MEDICAL AND REHABILITATION PROGRAM

"Dignity in the heart,
mind and actions"









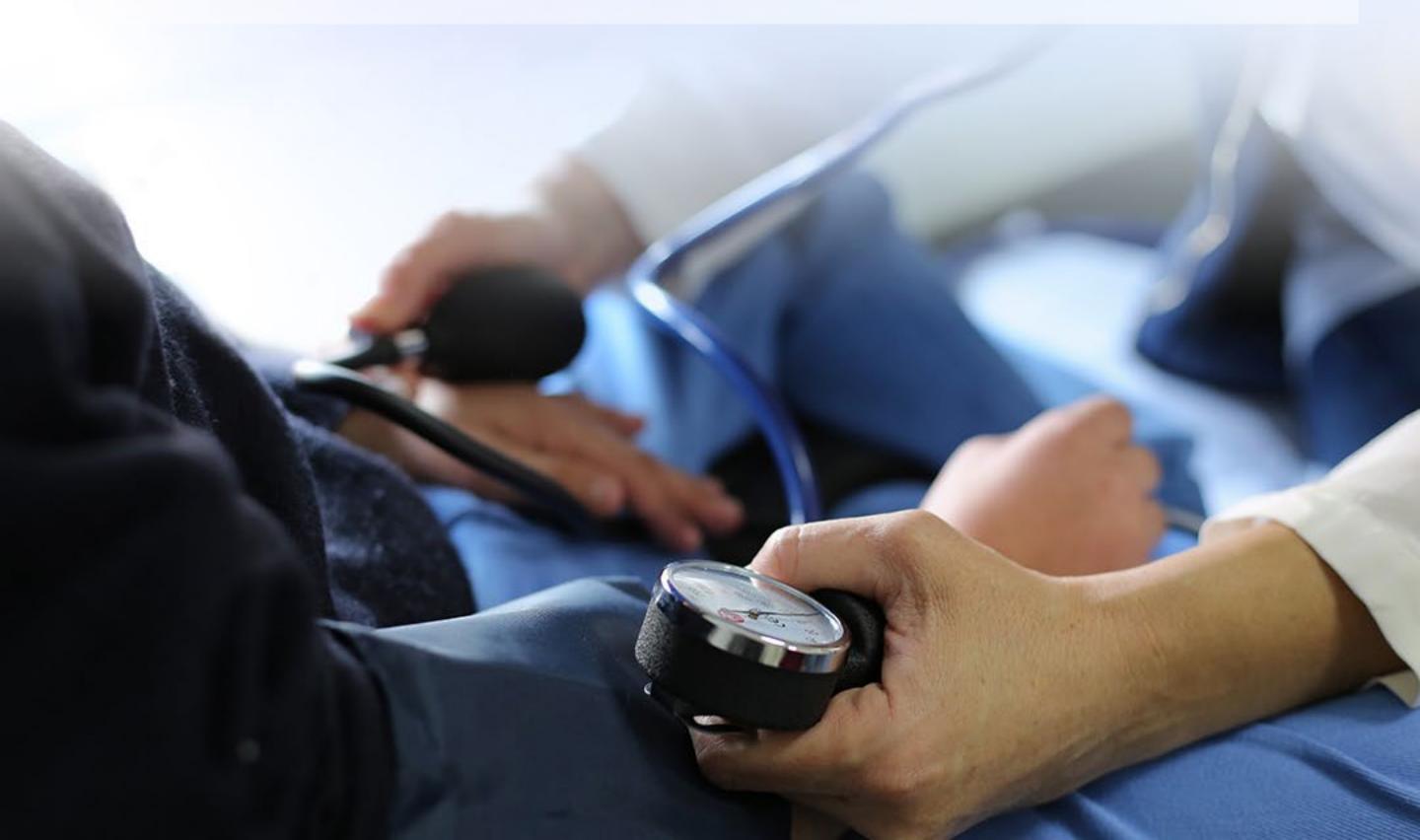


Were involved in the development and implementation of the therapeutic plan of the child.

#### 11,431

#### **SERVICES PROVIDED**

- \* 596 ASSESSMENTS
- \* 9,874 TREATMENTS
- **265** ASSISTIVE TECHNOLOGY AIDS
- \* 114 MEDICAL EXAMS
- \* 6 SURGERIES
- \* 360 CONSULTATIONS
- \* 216 PARENTAL GUIDANCES



## **OUTPATIENT SERVICES**

Our goal is to serve more people with disability and to meet their specific needs in order to ensure a better quality of life. We collaborated with 185 EDUCATORS & THERAPISTS of different specializations distributed in all regions of Lebanon.

25,153

SERVICES PROVIDED



BENEFICIARIES

- \* 57 ASSESSMENTS
- \* 14 MEDICAL EXAMS
- \* 105 EDUCATION SESSIONS
- **244** ASSISTIVE TECHNOLOGY AIDS
- \* 24,733 REHABILITATION SESSIONS



## ADULT PROGRAMS

# VOCATIONAL & REHABILITATION PROGRAM

# CENTER FOR SOCIALIZATION & SUPPORT

A quality support for adults with disability in respect of their age, their dignity, their impairment and their deficiency.

The adult programs offer a diverse range of recreational, expressive, personalized, and collective support. They aim at ensuring the well-being of our youth by providing:

- \* DAILY ACTIVITIES
- \* LEISURE ACTIVITIES
- \* INDIVIDUAL AND GROUP SUPPORT
- \* MEDICAL CARE REHABILITATION AND SOCIAL SUPPORT
- \* PHYSICAL WELL-BEING AND SENSORY-EMOTIONAL COMMUNICATION
- \* PARENTAL GUIDANCE AND FOLLOW-UP



# -VRP-VOCATIONAL AND REHABILITATION PROGRAM

We provide a safe work environment, where youth can be involved in professional activities that match their capacities. Our goal for them is to live their lives to the fullest whilst developing self-independence that guides them to a better, integrated and purposeful life.



between the ages of 20 & 54, work at the various SESOBEL workshops:



**Sewing:** 

1 YOUTH

Stock: 1 YOUTH



Laundry:

1 YOUTH



**Agriculture: 5 YOUTH** 



Copy

1 YOUTH



Land

7 YOUTH



**Prepress:** 

**5 YOUTH** 



8 YOUTH **Recycling:** 



**Assistive Technology:** 

1 YOUTH



Chocolate/ **Biscuits:** 

**Products:** 

**5 YOUTH** 



**Photography: 1 YOUTH** 



Educational 1 YOUTH Assistant:



from which 7 youth attended the workshops.



# -css- CENTER FOR SOCIALIZATION & SUPPORT

The CSS welcomes youth and adults from the age of 19 with heavy and severe motor or intellectual disability, as well as youth with heavy autism spectrum disorder not associated with a behavioral disorder. This center offers our youth and adults fulfilling activities adapted to their age, as well as accompaniment with therapeutic aspects.



were accompanied in different activities:



**Physical Well-Being** 



**Music Therapy** 



**Handyman's Creativity** 



**Leisure-Discovery TV** 



Sensory-Emotional Communication



"Starred Chefs" (kitchen workshop)



"Kahwet El Ezez" (gathering area)



"Sons of God" (existential accompaniment)



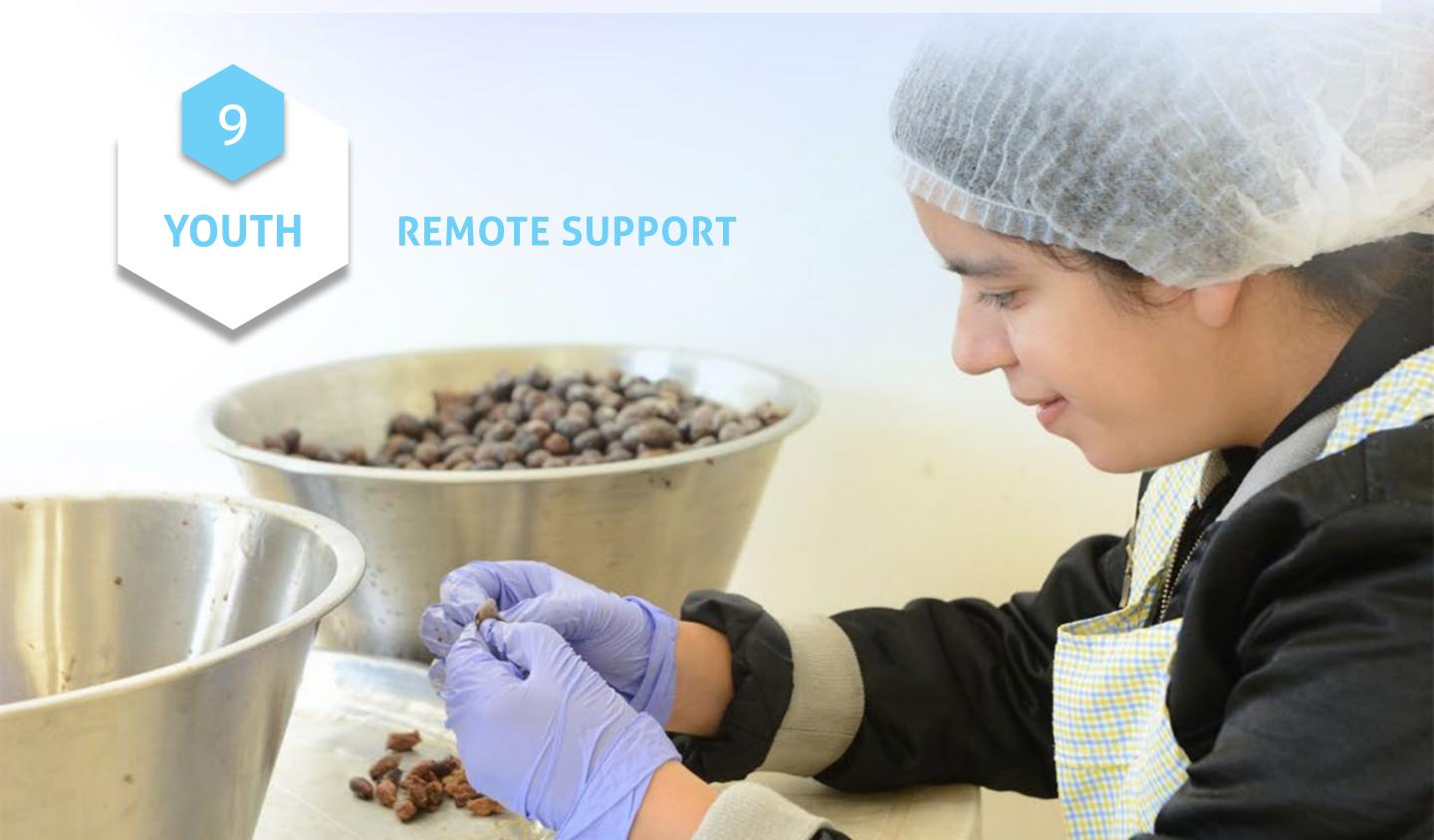
**Personal Autonomy** 



**Multiple Therapies** 



**Eco-Friendly Environment** 



# CONTINOUS TRAINING CENTER FOR RESEARCH & DEVELOPMENT

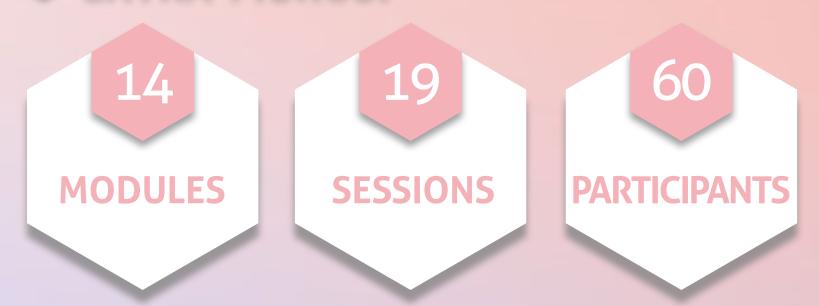
Our main objective is to improve the intervention and the expertise of professionals working with children with disability.



#### **INTRA-MUROS:**



#### **EXTRA-MUROS:**



#### INTERVENTIONS:



#### **WEBINARS:**



#### AUDIT:



#### B TRAINING FOR THE PROFESSIONALS OF SESOBEL:

#### **EXTRA-MUROS:**



#### **CONGRESS AND SEMINARS**



#### C INTERNSHIP IN FRANCE FOR 1 PROFESSIONAL OF SESOBEL:

Integration of basal stimulation at SESOBEL and in the Middle East.

# INNOVATIONS





#### INTENSIVE REHABILITATION IN PHYSIOTHERAPY

Due to the lack of exercises and training during the confinement, many children became sedentary and consequently regressed at the physical level. To remedy this problem, the physiotherapy team thought about setting up an intensive rehabilitation program in order to accelerate the recovery of motor and functional skills of children, improve their endurance, muscular strength and flexibility, allowing their participation in different activities.

This project has been made thanks to the effort of Partage association and the Perrineau Family.

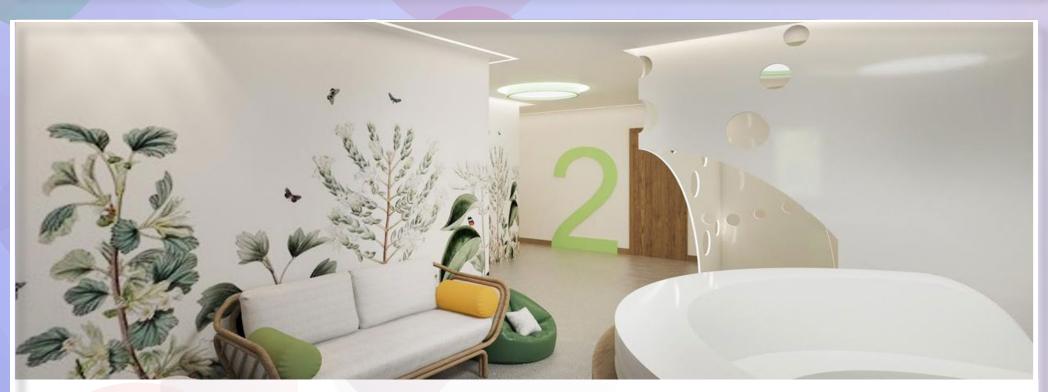




#### **ROTATING ART**

In its continued support of art and culture, BEMO Bank has launched a pioneering project in Lebanon, the "Rotating Art". A draw to the lot takes place at the bank and decides the name of the winners of the works for a period of one month, then the works return to the bank to participate to a new draw.

The BEMO Bank has masterpieces for different artists such as: Basbous, Hady SY,... and 5 paintings made by the youth and children of SESOBEL (the only NGO partner of this pioneering project in Lebanon).



#### **PANDA CENTER IN ABIDJAN**

Dr. Joseph Haddad founded The Panda Center in Abidjan with the help of the continuous training center of SESOBEL. Our professionals trained Panda staff (4 professionals held 8 modules and 1 professional performed an audit mission).

# ACHIEVEMENTS

6 Mabrauk!



"I AM AN ATHLETE"



#### **SPORTS**

SESOBEL participated in the Emirates fifteenth championship (virtual) for physical fitness for children and youth with disability, under the slogan "I am an athlete". It was organized by the Emirates Autism Center in cooperation with the Lebanese Federation for Physical Culture and the participation of 700 male and female players.

GREGORY ranked 4th in the abs competition. CHRISTOPHER ranked 8th in the running competition.



#### **SPORTS**

JOELLE OUBA, our sport instructor got an international arbitration certificate in Volleyball.



#### **ART**

LUNA's special appearance in Ragheb Alameh (Lebanese singer) song's video clip "أنا قادر" "I am able".

# VISITORS & VOLUNTEERS

"Enriching others in our care"





AMBASSADOR
OF FRANCE:
HER EXCELLENCY
MRS. ANNE GRILLO

AMBASSADOR OF SOUTH KOREA: HIS EXCELLENCY MR. KWON YOUNG-DAE

THE LEBANESE
ARMY AND STATE
SECURITY



MUNICIPALITY OF AINTOURA & FRENCH COLLABORATORS

MARINEL SARKIS & WISSAM HANNA

# "Un unforgettable experience"

#### **VOLUNTEER TESTIMONY**

SESOBEL, Lebanon... without a doubt, the most memorable experience of my life. Here, everything is different... Time, relationships and nature take a different turn. My arrival within this association perched in Mount Lebanon, shook me in every way.

I would first talk about the great sense of conviviality and organization put in place so that you would feel at home and lack nothing. I was able to discover the generous Lebanese hospitality. Then the good bonds and relations were instantly created between us the volunteers at the 3 Hearts Lodge where we were accommodated. It is in these places, with these wonderful people that I will spend the next 5 months.

Little by little, I discovered a new world that was completely unknown to me: that of disability and work with children. Honestly, the beginnings were complicated. A new environment to adapt to, a way of life to redefine, barriers and prejudices to break... All of this affected me and led me to big questions, but I quickly understood my role and recalled the reason I came for: to bring joy and happiness to these children, support the cause and my new colleagues who are going through tough times, settling for small wins on a daily basis, like the smile of these little tots. I learned to no longer consider these children as porcelain fragile dolls, but as little heroes, full of resources, who are just waiting to live their dreams. SESOBEL made me grow, made me vibrate, and left my head filled with incredible memories.

I would add that this experience, volunteering, is also everything that happens outside of work: meetings, discoveries, adventure. An unforgettable experience!

A big thank you to SESOBEL and Lebanon, for the love that I could harvest on my way.



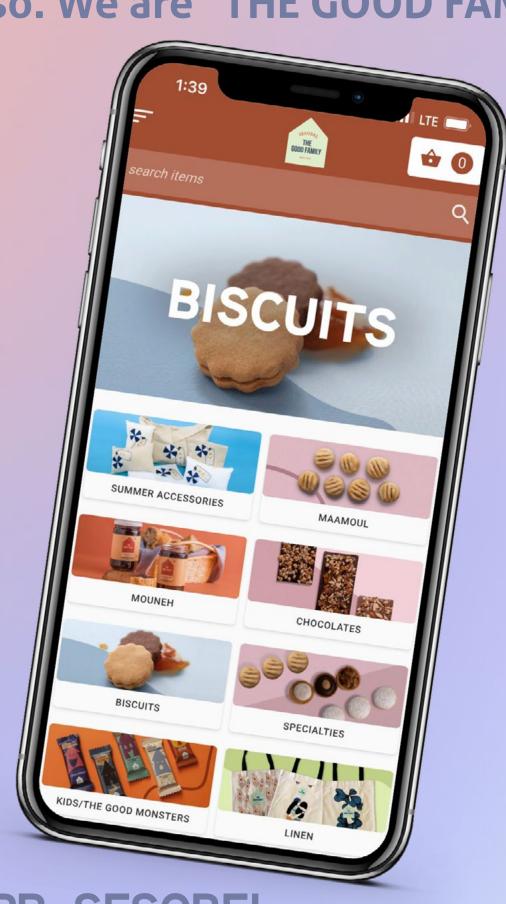
# OUR PRODUCTS

We are a family joined by dedication. We are a family gathered by love. We are a family united by the will to make things better. You are a part of our family for supporting us for so long and continue to do so. We are "THE GOOD FAMILY".

You're one click away from a

# FASI & EASY SHOPPING

with the good family of SESOBEL



#### DOWNLOAD OUR APP: SESOBEL





#### FIND OUR SHOPS

JBEIL - DBAYEH

JEZZINE - ACHRAFIEH

**ZOUK MIKAEL - AIN EL RIHANI** 

(Location available on Google Maps)



SESOBEL

THE

**GOOD FAMILY** 

LEBANESE PLATFORMS **TOTERS - ZOODMALL** 

#### FIND US ABROAD

**DUBAI: MIN BALADI** 

FRANCE: LE DOUKANE

**KUWAIT: LEBANESE VILLAGE PRODUCTS** WORLDWIDE DELIVERY: LEBANESE SIGNATURE













# PEOPLE WHO MAKE IT HAPPEN

"Because you actually care"

MRS.
FADIA SAFI
PRESIDENT
& CEO

48
MEMBERS
GENERAL
ASSEMBLY

6 MEMBERS BOARD OF TRUSTEES

9 MEMBERS BOARD

15 COUNSELORS MEMBERS ETHICS COMMITTEE

52 SKILLED DOCTORS

40 MEMBERS SUPPORT COMMITTEES

54 VOLUNTEERS

182 PERSONS SKILLED TEAM

32
THERAPISTS

112 TRAINEES

110 SEASONAL WORKERS

**Z**MOTHERS

19 REMUNE-RATED YOUTH

>50
PARTNERS

>1000 CLIENTS

"Thank you"

AMERICAN FRIENDS OF SESOBEL

FONDATION LCF LES AMIS DE SESOBEL FRANCE

AUSTRALIAN FRIENDS OF SESOBEL

# SOCIAL IMPACT

# "Dignity in life"

Families are partners and are highly motivated.

Youth are better integrated into society.

Youth are promoting their cause and influencing others.

Society changed the way of seeing the difference & the disability.

The difference became the foundation of the "living tagether" in complementarity.

All of this built a community based on

Love & Acceptance

#### NGO PROFILE OF SESOBEL

A non-governmental organization founded in 1976 Registered at the Ministry of Interior under No. 425.l. State-approved under decree No. 371/89.

SESOBEL treasures its autonomy and is not affiliated to any religious nor political entity.

SESOBEL is engaged to abide by rigorous and transparent management practices: the finances of SESOBEL are regularly monitored by two auditing firms, the international Ernst & Young and the Cabinet Antoine Haddad-Lebanon.







# YOUR SUPPORT MAKES ALL THE DIFFERENCE Very Step of the way

It allows SESOBEL to cater to the needs of more than 1300 children and youth with disability, and preserve the unity of their families.

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